



NYS Apples

# May

2025 6-12



# Breakfast

## Lake Shore



Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	1 Croissant Breakfast Sandwich w/Sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	2 Bagel Breakfast Sandwich w/Sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
5 Croissant Breakfast Sandwich w/Sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	6 Bagel Breakfast Sandwich w/Sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	7 Croissant Breakfast Sandwich w/Sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	8 Bagel Breakfast Sandwich w/Sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	9 Croissant Breakfast Sandwich w/Sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
12 Bagel Breakfast Sandwich w/Sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	13 Croissant Breakfast Sandwich w/Sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	14 Bagel Breakfast Sandwich w/Sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	15 Croissant Breakfast Sandwich w/Sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	16 Bagel Breakfast Sandwich w/Sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
19 Croissant Breakfast Sandwich w/Sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	20 Bagel Breakfast Sandwich w/Sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	21 Croissant Breakfast Sandwich w/Sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	22 Bagel Breakfast Sandwich w/Sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	23 Croissant Breakfast Sandwich w/Sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
26 Happy Memorial Day! <small>Memorial Day</small> 	27 Bagel Breakfast Sandwich w/Sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	28 Croissant Breakfast Sandwich w/Sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	29 Bagel Breakfast Sandwich w/Sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	30 Croissant Breakfast Sandwich w/Sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz

Menu Subject to Change

**NYS LOCAL FOODS**  
 \*Upstate Farms  
 Milk, Yogurt, Sour Cream  
 Eden Valley Growers  
 Assorted Varieties of Apples  
 Eden Valley Growers  
 Assorted Fruits & Vegetables  
 used in Meal Program  
 highlighted in green

**Breakfast Options Daily**

- \*Assorted Cereal
- \*Bagel w/Cream Cheese or Butter
- \*Assorted Muffins w/4oz Yogurt
- \*Fruit & Yogurt Parfaits w/Flatbread or Granola
- \*Breakfast Pizza
- \*Breakfast Wraps

Offered with all Breakfasts  
 \*Whole Grain (WG) Entrees  
 \*Daily Selection of Fresh or Prepared Fruit  
 100% juice -1/2 cup may take up to 1 cup  
 \*NY State Non-Fat or 1% White Milk 8oz



If your Son or Daughter has a particular food allergy, please contact the school nurse and the food service office @ [vera.spurrier@lscsd.org](mailto:vera.spurrier@lscsd.org). Additionally, ingredient and nutritional information is available upon request

Students Receive Free Breakfast